



# AVERETT COUNSELING CENTER

## HOURS

Monday-Friday  
9:00am-4:00pm

## LOCATION

4th floor Student  
Center  
Rooms 412-414

## FIND US

### ONLINE

Instagram  
[@averett\\_counseling](#)

Website  
[www.averett.edu/student-life/student-services/counseling/](http://www.averett.edu/student-life/student-services/counseling/)

\*All counseling appointments are currently held online through confidential telehealth platforms.

## MAKING AN APPOINTMENT

Email  
[counseling@averett.edu](mailto:counseling@averett.edu)

## TYPICAL TOPICS

- Adjustment to College
- Depression
- Stress/Anxiety
- Grief
- Substance Use
- Relationship Issues
- Others as needed



AVERETT  
UNIVERSITY  
SINCE 1859  
STUDENT LIFE

If you are experiencing a mental health emergency contact 911 or Residence Life on Call immediately.